

Living with Alzheimer's: Early Stage & Early Onset *For People with Alzheimer's & Care Partners*

Topics covered for people with a diagnosis of Alzheimer's disease or related dementia will include:

- What it means to be diagnosed and resources available
- Understanding Alzheimer's disease and memory loss
- Partnering with your medical plan
- Effective communication and telling others about the diagnosis
- Coping with changes and making decisions
- Daily strategies and safety issues

Care partners will learn:

- How to develop a care team
- Legal and financial planning
- Coping strategies
- Care and treatment options
- Communicating and connecting
- Maximizing independence

****Care partners and persons with dementia will meet separately**

Workshop Dates and Times:

Thursday, May 9, 16 and 23

10:00 a.m.—11:30 a.m.

Location:

5075 Shoreham Place, Suite 240

San Diego, CA 92122

Co-sponsored by:

UC San Diego
SCHOOL OF MEDICINE

Shiley-Marcos Alzheimer's
Disease Research Center

Contact: Alejandra Pulido at apulido@alz.org or 619-678-8322 ext 8172

Registration and Pre-Assessment required to attend workshops