

Living with Alzheimer's: For Caregivers-Middle Stage



Workshop Dates and Times:

Wednesday, May 6, 13 and 20

(3 -week series)

12:00 p.m. — 2:00 p.m.

Location: Vista Library

700 Eucalyptus Ave.

Vista, CA 92084

The Alzheimer's Association invites family caregivers to participate in a three-part series, *Living with Alzheimer's Disease: For Caregivers*.

This program is designed to provide caregivers with the knowledge, tools and strategies needed to cope with a diagnosis of Alzheimer's disease or related dementia. The knowledge you gain throughout this **3-week series** will help you provide optimal care during the middle stage of the disease in order to maintain quality of life.

Participants will:

- List the symptoms and care needs associated with the middle stage of Alzheimer's disease.
- Describe the relationship changes that occur in the middle stage.
- Explain how caregivers can maximize safety, prepare for emergencies and access respite care.
- Understand effective ways to provide personal care and manage changes in behaviors.

Facilitator: Christine Trigeiro, Ph.D.

***Please commit to attending all 3 classes**

Space is limited. Reserve today!

To RSVP call 1.800.272.3900 or <https://bit.ly/2sqqc22>