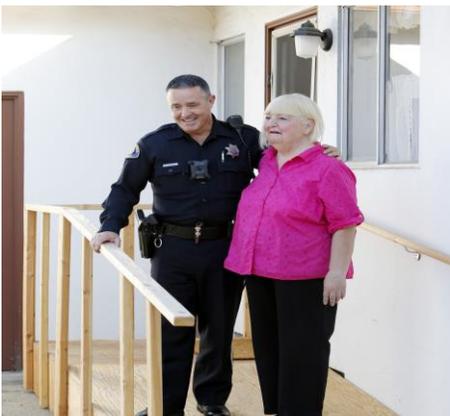


Volume 2 / Issue 5

Welcome to our Newsletter!

Welcome to the Heritage Senior Care Inc. Newsletter, we are so excited to share this newsletter with our senior clients, their families and the community.

Heritage Senior Care Inc. has been serving the needs of seniors for over 34 years. Our mission is to help seniors who wish to remain in their homes, but may require assistance with activities of daily life, transportation and companionship.



The San Diego Sheriff Department's 'Take Me Home' program is free and can be accessed either online at www.sdsheriff.net/tmh or- If you have limited access to a computer, you can also enroll by visiting your local San Diego Sheriff's Department branch.

Hot Topics: Protecting Seniors in San Diego County

At Heritage Senior Care Inc., we have an amazing opportunity to meet one on one with the seniors we serve & their adult children. It can be a trying and stressful time especially for loved ones who need to step out of the role as a caregiver and seek a professional to adopt the role instead. We have been asked many questions throughout the process of setting up care, my such example is:

“Will my loved one be safe if I am unable to take care of them during the day?”

As your trusted homecare provider at Heritage Senior Care Inc, we can help assist with your needs and concerns with your family member who suffers from confusion due to dementia. But we would like to spotlight a wonderful local program for residents of San Diego County called, ‘Take Me Home.’ Registering your loved one in this database can help offer piece of mind for adult children who worry about their parents who suffer from Dementia, Mental conditions or even confusion associated with medication.

The ‘Take Me Home Program’ was initiated by the San Diego County Sheriff’s Department to act as a preventative measure, especially after the county reflected over 60% of the individuals reported missing in 2017 were seniors suffering from Alzheimer’s Disease.

The Problem: If your father went missing and you dialed 911 -the dispatch may ask you- “What was your father wearing?” “Where would he typically go if he left the home?” Some families are in such utter shock they cannot answer some of these questions under pressure

The Solution: Register your loved one with a passport style photo, which is a clear picture of the head and neck. Then simply upload the photo of your parent/ family member on the link www.sdsheriff.net/tmh to be included in the Take me Home Database. Then you can fill out information such as, where your aging parents may like to go, i.e., library, grocery store or local park. A behavioral history, personal description and medical issues/ medications used are also included in this profile. Because of this helpful program seniors who may be unable to answer questions about who they are or where they live- now they can be simultaneously connected to the details that will help them to return home safely.

TIPS:

- ✓ Install an alert system in your home- if your loved one crosses a predefined boundary a high-pitched alert system will sound.
- ✓ Download the Senior Safety APP that can not only monitor your parents location by GPS- but has fall detection and inactivity monitors.
- ✓ Have an ID/ Military tag made with Name, Address & Phone Number and have your loved one wear it around their neck.



For More Information on technology/ additional resources that discuss how to protect your loved one from wandering, please visit:

<https://www.stanleyhealthcare.com/solutions/senior-living/security-protection/wander-management>

<https://www.seniorsafetyapp.com/>

<https://www.webmd.com/brain/10-ways-to-prevent-wandering#1>

Contact Us

Heritage Senior Care, Inc.

CA HCO# 374700058

2755 Jefferson Street #101

Carlsbad, CA 92008

1-(800)-562-2734

info@heritageseniorcare.com

www.heritageseniorcare.com

“We can’t help everyone, but everyone can help someone.”

Ronald Reagan
